A POSTERIORI ERROR ANALYSIS FOR CONFORMING MITC ELEMENTS FOR REISSNER-MINDLIN PLATES

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ABSTRACT. This paper establishes a *unified* a posteriori error estimator for a large class of conforming finite element methods for the Reissner-Mindlin plate problem. The analysis is based on some assumption (H) on the consistency of the reduction integration to avoid shear locking. The reliable and efficient a posteriori error estimator is robust in the sense that the reliability and efficiency constants are independent of the plate thickness t. The presented analysis applies to all conforming MITC elements and all conforming finite element methods without reduced integration from the literature.

1. Introduction

This paper is devoted to the finite element approximation for the Reissner-Mindlin plate problem: Given $g \in L^2(\Omega)$ find $(\omega, \phi) \in W \times \Theta := H_0^1(\Omega) \times H_0^1(\Omega)^2$ with

(1.1)
$$a(\boldsymbol{\phi}, \boldsymbol{\psi}) + (\boldsymbol{\gamma}, \nabla v - \boldsymbol{\psi})_{L^2(\Omega)} = (g, v)_{L^2(\Omega)}$$
 for all $(v, \boldsymbol{\psi}) \in W \times \boldsymbol{\Theta}$, and the shear force

The bilinear form $a(\cdot,\cdot)$ models the linear elastic energy while $(\cdot,\cdot)_{L^2(\Omega)}$ denotes the L^2 scalar product. Here and throughout this paper, $\Theta_h \subset \Theta$ and $W_h \subset W$ denote some finite element spaces over some regular partition \mathcal{T}_h while \mathbf{R}_h denotes the reduction integration operator in the context of shear locking with values in the discrete shear force space Γ_h . Some lower order examples of finite element spaces W_h, Θ_h , and the operator $\mathbf{R}_h : \Theta_h \to \Gamma_h$ are depicted in Table 1. We refer to Section 5 for further descriptions and for other discrete schemes.

The discrete problem reads: Find $(\omega_h, \phi_h) \in W_h \times \Theta_h$ with

(1.3)
$$a(\boldsymbol{\phi}_h, \boldsymbol{\psi}) + (\boldsymbol{\gamma}_h, \nabla v - \boldsymbol{R}_h \boldsymbol{\psi}) = (g, v)$$
 for all $(v, \boldsymbol{\psi}) \in W_h \times \boldsymbol{\Theta}_h$

and the discrete shear force

(1.4)
$$\boldsymbol{\gamma}_h = \lambda t^{-2} (\nabla \omega_h - \boldsymbol{R}_h \boldsymbol{\phi}_h).$$

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W_h	$oldsymbol{\Theta}_h$	Γ_h	$oldsymbol{R}_h$	Name. Ref.	Description
			Π_0^{RT}	MITC3 [34]	§§ 5.2.1
			Π_0^{RT}	DL [26]	§§ 5.2.2
			Π_1^{RT}	MITC7 [11]	§§ 5.2.3
			Π_0^{RT}	MITC4 [12]	§§ 5.3.1
			Π_0^{RT}	DHHLR [27]	§§ 5.3.2
			Π_0^{ABF}	Hu [29]	§§ 5.2
			Π_1^{BDF}	^{FM} MITC9 [10]	§§ 5.3.3
		••	Π_1^{RT}	MITC12 [43]	§§ 5.3.3

TABLE 1. Lower Order Examples of Finite Element Spaces W_h , Θ_h and the Reduction Integration Operator $\mathbf{R}_h: \Theta_h \to \Gamma_h$ in (1.3)-(1.4) with (H), namely $\mathbf{R}_h \Theta_h \subset H_0(\mathrm{rot}, \Omega)$.

This paper aims at a unified reliable and efficient residual-based a posteriori error analysis for a class of conforming elements for the Reissner-Mindlin problem under the hypothesis (H): For any $\psi_h \in \Theta_h$, there holds

(H)
$$\mathbf{R}_h \boldsymbol{\psi}_h \in H_0(\mathrm{rot}, \Omega)$$
,

with the Sobolev space $H_0(\text{rot}, \Omega)$ defined in Section 2.1. In fact, (H) is satisfied for all the examples in Table 1 with detailed proofs given in Section 5 below.

With the notation specified below, the main result of this paper implies that the error

$$\|\phi - \phi_h\|_{H^1(\Omega)}^2 + \|\omega - \omega_h\|_{H^1(\Omega)}^2 + t^2 \|\gamma - \gamma_h\|_{L^2(\Omega)}^2 + t^4 \|\cot(\gamma - \gamma_h)\|_{L^2(\Omega)}^2 + \|\gamma - \gamma_h\|_{H^{-1}(\Omega)}^2$$

can be controlled by the error estimator

$$\eta_{h}^{2} =: \sum_{E \in \mathcal{E}(\Omega)} h_{E} \Big(\| [\mathcal{C}\varepsilon(\phi_{h})] \cdot \nu_{E} \|_{L^{2}(E)}^{2} + (t^{2} + h_{E}^{2}) \| [\gamma_{h}] \cdot \nu_{E} \|_{L^{2}(E)}^{2} \Big) \\
+ \sum_{K \in \mathcal{T}_{h}} h_{K}^{2} \Big(\| \operatorname{div} \mathcal{C}\varepsilon(\phi_{h}) + \gamma_{h} \|_{L^{2}(K)}^{2} + (t^{2} + h_{K}^{2}) \| g + \operatorname{div} \gamma_{h} \|_{L^{2}(K)}^{2} \Big) \\
+ \| \phi_{h} - \mathbf{R}_{h} \phi_{h} \|_{H(\operatorname{rot},\Omega)}^{2} + \mu_{h} (\gamma_{h})^{2}$$

up to the data oscillation osc(g). Here and throughout this paper,

$$\mu_h(\boldsymbol{\gamma}_h) := \sup_{\boldsymbol{\psi}_h \in (S_0^1(\mathcal{T}_h))^2 \setminus \{0\}} \frac{(\boldsymbol{\gamma}_h, (I - \boldsymbol{R}_h) \boldsymbol{\psi}_h)_{L^2(\Omega)}}{\|\boldsymbol{\psi}_h\|_{H^1(\Omega)}}.$$

The operator \mathcal{C} is defined in Subsection 2.1, and the lowest order conforming finite element space $S_0^1(\mathcal{T}_h)$ is defined in Subsection 2.2.

The estimator η_h is robust in the sense that the reliability and efficiency constants are independent of the plate thickness t.

- **Remark 1.1.** A different a posteriori error estimate was proposed for the DL element of [26] in [36]. Instead of the norm with the term $\|\gamma \gamma_h\|_{H^{-1}(\Omega)}$ here, the term $\|\gamma \gamma_h\|_{H^{-1}(\operatorname{div},\Omega)}$ was analyzed in [36]. It is unsatisfactary that no a priori convergence is known for $\|\gamma \gamma_h\|_{H^{-1}(\operatorname{div},\Omega)}$ for conforming MITC methods. This drawback motivated this paper with focuses on $\|\gamma \gamma_h\|_{H^{-1}(\Omega)}$. The convergence in this norm is shown, for instance, in [18, Corollary 3.1] and [29, 30] for all examples (except MITC3) of this paper.
- Remark 1.2. Compared to the analysis in [36], the analysis in this paper is based on three key arguments: an error representation formula, some mesh dependent norm, and some refined approximation of the Clément-type interpolation operator.
- **Remark 1.3.** The last two terms of η_h concern the consistency error from the reduction integration; they vanish for $\mathbf{R}_h = I$. Hence Theorem 2.1 and 2.2 below apply to any conforming finite element methods without reduction integration.
- **Remark 1.4.** As we shall see in examples of Section 5, $\mu_h(\gamma_h) = 0$ for high-order (triangle or quadrilateral) schemes. For the lower-order schemes, this term can be

bounded by

(1.5)
$$\mu_h(\gamma_h)^2 \lesssim \sum_{E \in \mathcal{E}(\Omega)} h_E(t^2 + h_E^2) \| [\gamma_h] \cdot \nu_E \|_{L^2(E)}^2 + \sum_{K \in \mathcal{I}_h} h_K^2(t^2 + h_K^2) \| g + \operatorname{div} \gamma_h \|_{L^2(K)}^2 + h.o.t.$$

up to computable high-order terms h.o.t.

Here and throughout, an inequality $a \lesssim b$ replaces $a \leq C b$ with some multiplicative mesh-size independent constant C > 0 that depends only on the domain Ω and the shape (e.g., through the aspect ratio) of elements (C > 0 is also independent of crucial parameters as the plate thickness t below). Finally, $a \approx b$ abbreviates $a \lesssim b \lesssim a$.

Remark 1.5. For the MITC methods under consideration, one has the following decomposition [18, 29, 30]: There exist unique $r \in H_0^1(\Omega)$, $\alpha \in \mathbf{H}_0(\mathrm{rot}, \Omega)$, $r_h \in W_h$, and $\alpha_h \in \Gamma_h$ with

$$\gamma = \nabla r + \alpha$$
, and $(\nabla r, \alpha)_{L^2(\Omega)} = 0$,
 $\gamma_h = \nabla r_h + \alpha_h$, and $(\nabla r_h, \alpha_h)_{L^2(\Omega)} = 0$.

Therefore, the a priori convergence of $t^2 \| \operatorname{rot}(\boldsymbol{\gamma} - \boldsymbol{\gamma}_h) \|_{L^2(\Omega)}$ is assured by the convergence of $t^2 \| \operatorname{rot}(\boldsymbol{\alpha} - \boldsymbol{\alpha}_h) \|_{L^2(\Omega)}$ proved, e.g. in [18, Theorem 3.2] for the MITC7, MITC9 and MITC12 element; cf. [29, 30] for the remaining elements (except MITC3).

Remark 1.6. Although the MITC3 element in Table 1 is unstable in the sense that there is no uniform a priori convergence with respect to the plate thickness t, the estimator η_h is still reliable and efficient. At first glance this might surprise, but is a consequence that an a posteriori error analysis depends on the continuous operators and not on the stability of some discrete scheme.

Other a posteriori error estimators for the finite element methods of the Reissner-Mindlin plate problem can be found in [21, 22, 37]. The paper [21] concerns the nonconforming Arnold-Falk element [4], and the paper [22] works on the stabilized method initialed in [3, 23]. Due to the lacking of the convergence of $\|\gamma - \gamma_h\|_{H^{-1}(\text{div})}$, both frameworks of [22] and [21] are inapplicable herein for the MITC methods. In [37], the authors discuss the a posteriori error estimator for the schemes based on the linked interpolation technique. The result is derived therein under some unproven saturation assumption which our work abandons. In addition, the norm analyzed in that paper contains the term $\sum_{K \in \mathcal{I}_h} (h_K + t)^{-2} \|\nabla(\omega - \omega_h) - (\phi - \phi_h)\|_{L^2(K)}^2$. The

convergence of which is open for the MITC methods without stabilization.

The remaining part of the paper is organized as follows. We first introduce some notations and present main results in Section 2 in detailed forms. The reliability of η_h will be proved in Section 3, with the efficiency in Section 4. In Section 5, we present some examples covered by our analysis, and provide a reliable and efficient computable upper bounds of $\mu_h(\gamma_h)$ for them.

2. Notation and Main Results

This section introduces necessary notations and states the main results of this paper.

2.1. **Sobolev Spaces and Differential Operators.** We use the standard differential operators:

$$\nabla r = (\partial r/\partial x, \partial r/\partial y), \quad \text{Curl } p = (\partial p/\partial y, -\partial p/\partial x).$$

The linear Green strain $\varepsilon(\phi) = 1/2[\nabla \phi + \nabla \phi^T]$ is the symmetric part of gradient field $\nabla \phi$. Given any 2D vector function $\psi = (\psi_1, \psi_2)$, its divergence reads div $\psi = \partial \psi_1/\partial x + \partial \psi_2/\partial y$. With the differential operator rot $\psi = \partial \psi_2/\partial x - \partial \psi_1/\partial y$ for a vector function $\psi = (\psi_1, \psi_2)$, the space $H_0(\text{rot}, \Omega)$ is defined as

$$H_0(\operatorname{rot},\Omega) := \{ v \in L^2(\Omega)^2 | \operatorname{rot} v \in L^2(\Omega) \text{ and } v \cdot \boldsymbol{\tau} = 0 \text{ on } \partial\Omega \}$$

endowed with the norm

$$||v||_{H(rot,\Omega)} := (||v||_{L^2(\Omega)}^2 + ||rot v||_{L^2(\Omega)}^2)^{1/2}.$$

The dual space for $H_0(\text{rot}, \Omega)$ reads

$$H^{-1}(\operatorname{div}, \Omega) := \{ v \in H^{-1}(\Omega)^2 | \operatorname{div} v \in H^{-1}(\Omega) \},$$

with the norm

$$||v||_{H^{-1}(\operatorname{div},\Omega)} := (||v||_{H^{-1}(\Omega)}^2 + ||\operatorname{div} v||_{H^{-1}(\Omega)}^2)^{1/2}.$$

We define the following mesh dependent norm, for any $(\psi, v) \in H_0^1(\Omega)^2 \times H_0^1(\Omega)$,

(2.1)
$$|||(\boldsymbol{\psi}, v)||_{1,h}^2 = ||\nabla \boldsymbol{\psi}||_{L^2(\Omega)}^2 + \sum_{K \in \mathcal{T}_h} \frac{1}{t^2 + h_K^2} ||\nabla v - \boldsymbol{\psi}||_{L^2(K)}^2.$$

For any functional F over $H_0^1(\Omega)^2 \times H_0^1(\Omega)$, we define its dual norm with respect to the norm (2.1) by

(2.2)
$$|||F|||_{-1,h} = \sup_{(\boldsymbol{\psi},v)\in H^{1}_{c}(\Omega)^{3}\setminus\{0\}} \frac{F(\boldsymbol{\psi},v)}{|||(\boldsymbol{\psi},v)||_{1,h}}.$$

The linear operator \mathcal{C} is defined by

$$C\tau := \frac{E}{12(1-\nu^2)}[(1-\nu)\tau + \nu \operatorname{tr}(\tau)I]$$

for all 2×2 symmetric matrices. Here and throughout this paper, t denotes the plate thickness with the shear modulus $\lambda = E\kappa/2(1+\nu)$, the Young's modulus E, the Poisson ratio ν , and the shear correction factor κ . The bilinear form $a(\phi, \psi)$ is defined as

(2.3)
$$a(\boldsymbol{\phi}, \boldsymbol{\psi}) = (\mathcal{C}\varepsilon(\boldsymbol{\phi}), \varepsilon(\boldsymbol{\psi}))_{L^2(\Omega)} \text{ for any } \boldsymbol{\phi}, \boldsymbol{\psi} \in \boldsymbol{\Theta} := H_0^1(\Omega)^2$$

which gives rise to the energy norm

(2.4)
$$\|\psi\|_{\mathcal{C}}^2 := a(\psi, \psi) \text{ for any } \psi \in \Theta.$$

2.2. Triangulations and Discrete Spaces. Suppose that the closure $\overline{\Omega}$ is covered exactly by a regular triangulation \mathcal{T}_h of $\overline{\Omega}$ into (closed) triangles or quadrilaterals in 2D or other unions of simplices, that is

(2.5)
$$\overline{\Omega} = \bigcup \mathcal{T}_h$$
 and $|K_1 \cap K_2| = 0$ for $K_1, K_2 \in \mathcal{T}_h$ with $K_1 \neq K_2$,

where $|\cdot|$ denotes the volume (as well as the length of an edge and the modulus of a vector etc. when there is no real risk of confusion). Let \mathcal{E} denote the set of all edges in \mathcal{T}_h with $\mathcal{E}(\Omega)$ the set of interior edges, and $\mathcal{N}(\Omega)$ the set of interior nodes. The set of edges of the element K is denoted by $\mathcal{E}(K)$. By h_K we denote the diameter of the element $K \in \mathcal{T}_h$. Also, we denote by $\overline{\omega_K}$ the union of elements $K' \in \mathcal{T}_h$ that share an edge with K, and by $\overline{\omega_E}$ the union of elements having in common the edge E. Given any edge $E \in \mathcal{E}(\Omega)$ with length $h_E = |E|$ we assign one fixed unit normal $\nu_E := (\nu_1, \nu_2)$ and tangential vector $\tau_E := (-\nu_2, \nu_1)$. For E on the boundary we choose the unit outward normal $\nu_E = \nu$ to Ω . Once ν_E and τ_E have been fixed on E, in relation to ν_E , one defines the elements $K_- \in \mathcal{T}_h$ and $K_+ \in \mathcal{T}_h$, with $E = K_+ \cap K_-$ and $\overline{\omega_E} = K_+ \cup K_-$. Given $E \in \mathcal{E}(\Omega)$ and some \mathbb{R}^d -valued function v defined in Ω , with d = 1, 2, we denote by $[v] := (v|_{K_+})|_E - (v|_{K_-})|_E$ the jump of v across E.

Let \hat{K} be a reference element. In the case of triangles $\hat{K} := \{(\xi, \eta) \in \mathbb{R}^2 : 0 \le \xi \le 1, 0 \le \eta \le 1 - \xi\}$, and quadrilaterals $\hat{K} := [-1, 1]^2$. The invertable linear (resp. bilinear) transformation $\hat{K} \to K$ is denoted by F_K for any triangle (resp. quadrilateral) $K \in \mathcal{T}_h$ with the Jacobian matrix DF_K and its determinant J_K .

Let $S_0^1(\mathcal{T}_h)$ denote the lowest order conforming finite element space over \mathcal{T}_h which reads

$$S_0^1(\mathcal{T}_h) := \{ v \in H_0^1(\Omega) : \forall K \in \mathcal{T}_h, v |_K \circ F_K \in Q_1(\hat{K}) \}.$$

Given any non negative integer k, the space $Q_k(\omega)$ consists of polynomials of total degree at most k defined over ω in the case $\omega = K$ is a triangle whereas it denotes polynomials of degree at most k in each variable in the case K is a quadrilateral.

With the first order conforming finite element space $S_0^1(\mathcal{T}_h)$, we consider the Clément-type interpolation operator or any other regularized conforming finite element approximation operator $\mathcal{J}: H_0^1(\Omega) \mapsto S_0^1(\mathcal{T}_h)$ with the properties

(2.6)
$$\|\nabla \mathcal{J}\varphi\|_{L^{2}(K)} + \|h_{K}^{-1}(\varphi - \mathcal{J}\varphi)\|_{L^{2}(K)} \lesssim \|\nabla \varphi\|_{L^{2}(\omega_{K})}$$
 and

(2.7)
$$||h_E^{-1/2}(\varphi - \mathcal{J}\varphi)||_{L^2(E)} \lesssim ||\nabla \varphi||_{L^2(\omega_E)}$$

for all $K \in \mathcal{T}_h$, $E \in \mathcal{E}$, and $\varphi \in H_0^1(\Omega)$. The existence of such operators is guaranteed, for instance, in [25, 41, 20, 19].

Given $g \in L^2(\Omega)$, let $g_h \in Q_k(\mathcal{T}_h)$ denote its projection on the (possibly discontinuous) piecewise polynomial space of degree k with respect to \mathcal{T}_h . We refer to $\operatorname{osc}(g)$ as oscillation of g

(2.8)
$$\operatorname{osc}^{2}(g) := \sum_{K \in \mathcal{T}_{h}} (h_{K}^{2} + t^{2}) h_{K}^{2} \min_{g_{k} \in Q_{k}(K)} \|g - g_{k}\|_{L^{2}(K)}^{2}.$$

2.3. Main Results. The main results concern the reliability and efficiency of η_h . It is stressed that η_h is the first a posteriori error estimator which estimates an error norm in which a priori convergence is guaranted.

Theorem 2.1. (reliability) Suppose that Θ_h , W_h , Γ_h along with the reduction integration operator \mathbf{R}_h satisfy (H) and $(S_0^1(\mathcal{T}_h))^2\Theta_h$. Then, the estimator η_h is reliable in the sense that

$$\|\phi - \phi_h\|_{H^1(\Omega)}^2 + \|\omega - \omega_h\|_{H^1(\Omega)}^2 + t^2 \|\gamma - \gamma_h\|_{L^2(\Omega)}^2 + t^4 \|\cot(\gamma - \gamma_h)\|_{L^2(\Omega)}^2 + \|\gamma - \gamma_h\|_{H^{-1}(\Omega)}^2 \lesssim \eta_h^2.$$

Theorem 2.2. (efficiency) Suppose that Θ_h , W_h , Γ_h along with the reduction integration operator \mathbf{R}_h satisfy (H) and $(S_0^1(\mathcal{T}_h))^2 \subset \Theta_h$. Then, the estimator η_h is efficient such that

$$\eta_h^2 \lesssim \|\phi - \phi_h\|_{H^1(\Omega)}^2 + \|\omega - \omega_h\|_{H^1(\Omega)}^2 + t^2 \|\gamma - \gamma_h\|_{L^2(\Omega)}^2 \\
+ t^4 \|\cot(\gamma - \gamma_h)\|_{L^2(\Omega)}^2 + \|\gamma - \gamma_h\|_{H^{-1}(\Omega)}^2 + \operatorname{osc}(g)^2.$$

3. Proof of Reliability

This section is devoted to the proof of Theorem 2.1 which is divided into six steps.

3.1. Splitting of $(I - \mathbf{R}_h)\phi_h$. Assume with (H) that $(\mathbf{R}_h - I)\phi_h \in H_0(\text{rot}, \Omega)$. Then there exist $w \in H_0^1(\Omega)$ and $\boldsymbol{\beta} \in H_0^1(\Omega)^2$ with

(3.1)
$$(\mathbf{R}_h - I)\boldsymbol{\phi}_h = \nabla w - \boldsymbol{\beta} \text{ and }$$

(3.2)
$$||w||_{H^1(\Omega)} + ||\boldsymbol{\beta}||_{H^1(\Omega)} \lesssim ||(\boldsymbol{R}_h - I)\boldsymbol{\phi}_h||_{H(\text{rot},\Omega)}.$$

The proof of (3.1)-(3.2) can be found in Lemma 3.2 of Page 298 of [17].

3.2. Error Representation Formula. The residuals $\operatorname{Res}_1(\cdot)$ and $\operatorname{Res}_2(\cdot)$ are defined by

$$\operatorname{Res}_{1}(v) = (g, v)_{L^{2}(\Omega)} - (\boldsymbol{\gamma}_{h}, \nabla v)_{L^{2}(\Omega)} \quad \text{for any } v \in H_{0}^{1}(\Omega);$$

$$\operatorname{Res}_{2}(\boldsymbol{\psi}) = -a(\boldsymbol{\phi}_{h}, \boldsymbol{\psi}) + (\boldsymbol{\gamma}_{h}, \boldsymbol{\psi})_{L^{2}(\Omega)} \quad \text{for any } \boldsymbol{\psi} \in H_{0}^{1}(\Omega)^{2}.$$

Notice that (1.1)-(1.3) imply

$$(\boldsymbol{\gamma} - \boldsymbol{\gamma}_h, (\boldsymbol{R}_h - I)\boldsymbol{\phi}_h)_{L^2(\Omega)} = (\boldsymbol{\gamma} - \boldsymbol{\gamma}_h, \nabla w - \boldsymbol{\beta})_{L^2(\Omega)}$$

$$= (g, w)_{L^2(\Omega)} - a(\boldsymbol{\phi}, \boldsymbol{\beta}) - (\boldsymbol{\gamma}_h, \nabla w - \boldsymbol{\beta})_{L^2(\Omega)}$$

$$= -a(\boldsymbol{\phi} - \boldsymbol{\phi}_h, \boldsymbol{\beta}) + (g, w)_{L^2(\Omega)} - a(\boldsymbol{\phi}_h, \boldsymbol{\beta}) - (\boldsymbol{\gamma}_h, \nabla w - \boldsymbol{\beta})_{L^2(\Omega)}.$$

Therefore,

$$\begin{aligned} &\|\boldsymbol{\phi} - \boldsymbol{\phi}_h\|_{\mathcal{C}}^2 + \lambda^{-1} t^2 \|\boldsymbol{\gamma} - \boldsymbol{\gamma}_h\|_{L^2(\Omega)}^2 \\ &= a(\boldsymbol{\phi} - \boldsymbol{\phi}_h, \boldsymbol{\phi} - \boldsymbol{\phi}_h) + (\boldsymbol{\gamma} - \boldsymbol{\gamma}_h, (\nabla \omega - \nabla \omega_h) - (\boldsymbol{\phi} - \boldsymbol{\phi}_h))_{L^2(\Omega)} \\ &+ (\boldsymbol{\gamma} - \boldsymbol{\gamma}_h, (\boldsymbol{R}_h - I)\boldsymbol{\phi}_h)_{L^2(\Omega)} \\ &= \operatorname{Res}_1(\omega - \omega_h + w) + \operatorname{Res}_2(\boldsymbol{\phi} - \boldsymbol{\phi}_h + \boldsymbol{\beta}) - a(\boldsymbol{\phi} - \boldsymbol{\phi}_h, \boldsymbol{\beta}). \end{aligned}$$

It follows from the definitions of γ and γ_h and (3.1) that

$$\gamma - \gamma_h = \lambda t^{-2} (\nabla \omega - \nabla \omega_h - \phi + \mathbf{R}_h \phi_h)$$

$$= \lambda t^{-2} (\nabla \omega - \nabla \omega_h - \phi + \phi_h + \mathbf{R}_h \phi_h - \phi_h)$$

$$= \lambda t^{-2} (\nabla \omega - \nabla \omega_h - \phi + \phi_h + \nabla w - \beta).$$

Recalling that $\|\phi - \phi_h + \beta\|_{\mathcal{C}}^2 = a(\phi - \phi_h + \beta, \phi - \phi_h + \beta)$, we deduce

$$\frac{1}{2} \| \boldsymbol{\phi} - \boldsymbol{\phi}_h + \boldsymbol{\beta} \|_{\mathcal{C}}^2 + \frac{1}{2} \| \boldsymbol{\phi} - \boldsymbol{\phi}_h \|_{\mathcal{C}}^2 + \frac{1}{2} \lambda^{-1} t^2 \| \boldsymbol{\gamma} - \boldsymbol{\gamma}_h \|_{L^2(\Omega)}^2 \\
+ \frac{1}{2} \sum_{K \in \mathcal{T}_h} \frac{\lambda}{t^2 + h_K^2} \| \nabla (\omega - \omega_h + w) - (\boldsymbol{\phi} - \boldsymbol{\phi}_h + \boldsymbol{\beta}) \|_{L^2(K)}^2$$

$$(3.3) \qquad \leq \|\boldsymbol{\phi} - \boldsymbol{\phi}_h\|_{\mathcal{C}}^2 + \lambda^{-1} t^2 \|\boldsymbol{\gamma} - \boldsymbol{\gamma}_h\|_{L^2(\Omega)}^2 + \frac{1}{2} \|\boldsymbol{\beta}\|_{\mathcal{C}}^2 + a(\boldsymbol{\phi} - \boldsymbol{\phi}_h, \boldsymbol{\beta})$$

$$\leq \operatorname{Res}_1(\omega - \omega_h + w) + \operatorname{Res}_2(\boldsymbol{\phi} - \boldsymbol{\phi}_h + \boldsymbol{\beta}) - a(\boldsymbol{\phi} - \boldsymbol{\phi}_h, \boldsymbol{\beta})$$

$$+ \frac{1}{2} \|\boldsymbol{\beta}\|_{\mathcal{C}}^2 + a(\boldsymbol{\phi} - \boldsymbol{\phi}_h, \boldsymbol{\beta})$$

$$= \operatorname{Res}_1(\omega - \omega_h + w) + \operatorname{Res}_2(\boldsymbol{\phi} - \boldsymbol{\phi}_h + \boldsymbol{\beta}) + \frac{1}{2} \|\boldsymbol{\beta}\|_{\mathcal{C}}^2.$$

3.3. Estimate for $\lambda^{-1}t^2||\operatorname{rot}(\boldsymbol{\gamma}-\boldsymbol{\gamma}_h)||$. Since

$$\lambda^{-1}t^2 \operatorname{rot}(\boldsymbol{\gamma} - \boldsymbol{\gamma}_h) = -\operatorname{rot}(\boldsymbol{\phi} - \boldsymbol{\phi}_h) - \operatorname{rot}(\boldsymbol{\phi}_h - \boldsymbol{R}_h \boldsymbol{\phi}_h),$$

there holds

$$\lambda^{-1}t^2\|\operatorname{rot}(\boldsymbol{\gamma}-\boldsymbol{\gamma}_h)\|_{L^2(\Omega)}\lesssim \|\boldsymbol{\phi}-\boldsymbol{\phi}_h\|_{H^1(\Omega)}+\|\operatorname{rot}(\boldsymbol{\phi}_h-\boldsymbol{R}_h\boldsymbol{\phi}_h)\|_{L^2(\Omega)}.$$

3.4. Estimate for $\|\gamma - \gamma_h\|$. For any $\psi \in \Theta$, there holds

$$(\boldsymbol{\gamma} - \boldsymbol{\gamma}_h, \boldsymbol{\psi})_{L^2(\Omega)} = a(\boldsymbol{\phi} - \boldsymbol{\phi}_h, \boldsymbol{\psi})_{L^2(\Omega)} + a(\boldsymbol{\phi}_h, \boldsymbol{\psi}) - (\boldsymbol{\gamma}_h, \boldsymbol{\psi}).$$

This proves

(3.4)
$$\|\gamma - \gamma_h\|_{H^{-1}(\Omega)} \lesssim \|\operatorname{Res}_2\|_{H^{-1}(\Omega)} + \|\phi - \phi_h\|_{H^{1}(\Omega)}.$$

3.5. Abstract a Posteriori Error Estimate. Suppose that Θ_h , W_h , Γ_h along with the reduction integration operator \mathbf{R}_h satisfy (H). Then,

$$\|\phi - \phi_h\|_{H^1(\Omega)}^2 + \|\omega - \omega_h\|_{H^1(\Omega)}^2 + t^2 \|\gamma - \gamma_h\|_{L^2(\Omega)}^2 + t^4 \|\operatorname{rot}(\gamma - \gamma_h)\|_{L^2(\Omega)}^2 + \|\gamma - \gamma_h\|_{H^{-1}(\Omega)}^2$$

$$\lesssim \|\operatorname{Res}_1\|_{-1,h}^2 + \|\operatorname{Res}_2\|_{H^{-1}(\Omega)}^2 + \|\phi_h - \mathbf{R}_h\phi_h\|_{H(\operatorname{rot},\Omega)}^2.$$
(3.5)

In fact, given any $0 < \varepsilon < 1/2$, and $0 < \alpha < 1 < t^{-1}$, there holds

$$\lambda^{-1}t^{2}\|\boldsymbol{\gamma} - \boldsymbol{\gamma}_{h}\|_{L^{2}(\Omega)}^{2}$$

$$= \lambda(t^{-2} - \alpha^{2})\|\nabla(\omega - \omega_{h}) - (\boldsymbol{\phi} - \boldsymbol{R}_{h}\boldsymbol{\phi}_{h})\|_{L^{2}(\Omega)}^{2}$$

$$+ \lambda\alpha^{2}(\|\nabla(\omega - \omega_{h})\|_{L^{2}(\Omega)}^{2} + \|\boldsymbol{\phi} - \boldsymbol{\phi}_{h}\|_{L^{2}(\Omega)}^{2})$$

$$+ \lambda\alpha^{2}\|\boldsymbol{\phi}_{h} - \boldsymbol{R}_{h}\boldsymbol{\phi}_{h}\|_{L^{2}(\Omega)}^{2} + 2\lambda\alpha^{2}(\boldsymbol{\phi} - \boldsymbol{\phi}_{h}, \boldsymbol{\phi}_{h} - \boldsymbol{R}_{h}\boldsymbol{\phi}_{h})_{L^{2}(\Omega)}$$

$$- 2\lambda\alpha^{2}(\nabla(\omega - \omega_{h}), \boldsymbol{\phi} - \boldsymbol{\phi}_{h})_{L^{2}(\Omega)} - 2\lambda\alpha^{2}(\nabla(\omega - \omega_{h}), \boldsymbol{\phi}_{h} - \boldsymbol{R}_{h}\boldsymbol{\phi}_{h})_{L^{2}(\Omega)}.$$

Some Young inequalities prove

$$\lambda(t^{-2} - \alpha^2) \|\nabla(\omega - \omega_h) - (\boldsymbol{\phi} - \boldsymbol{R}_h \boldsymbol{\phi}_h)\|_{L^2(\Omega)}^2 + \lambda \alpha^2 (1 - 2\varepsilon) \|\nabla(\omega - \omega_h)\|_{L^2(\Omega)}^2
\leq \lambda^{-1} t^2 \|\boldsymbol{\gamma} - \boldsymbol{\gamma}_h\|_{L^2(\Omega)}^2 - \lambda \alpha^2 (1 - \frac{2}{\varepsilon}) \|\boldsymbol{\phi}_h - \boldsymbol{R}_h \boldsymbol{\phi}_h\|_{L^2(\Omega)}^2
- \lambda \alpha^2 (1 - \frac{1}{\varepsilon} - \varepsilon) \|\boldsymbol{\phi} - \boldsymbol{\phi}_h\|_{L^2(\Omega)}^2.$$

An appropriate choice of α and ε and the Korn and Young inequalities, the preceding inequality, (3.3), and (3.2) yield

$$\|\phi - \phi_h\|_{H^1(\Omega)} + \|\omega - \omega_h\|_{H^1(\Omega)} + t\|\gamma - \gamma_h\|_{L^2(\Omega)}$$

$$\lesssim \|\|\operatorname{Res}_1\|_{-1,h} + \|\operatorname{Res}_2\|_{H^{-1}(\Omega)} + \|\phi_h - R_h\phi_h\|_{H(\operatorname{rot},\Omega)}.$$

Together with Subsection 3.3 and 3.4 this proves the assertion (3.5). \square

3.6. Refined Approximation of the Clément Interpolation. Following the idea of [22], we have the refined approximation property for the Clément interpolation. Given any $v \in H_0^1(\Omega)$, set $v_h = \mathcal{J}v$, such that there holds, for any $K \in \mathcal{T}_h$ and $\psi \in H_0^1(\Omega)^2$, that

$$(3.6) h_K^{-1} \|v - v_h\|_{L^2(K)} + h_E^{-1/2} \|v - v_h\|_{L^2(E)} \lesssim \|\nabla v - \psi\|_{L^2(\omega_K)} + h_K \|\nabla \psi\|_{L^2(\omega_K)}$$

in the sense of Remark 3.1, for any $E \subset \partial K$. To prove (3.6), suppose in the first case that one vertex of K belongs to the boundary. We assume that the intersection of $\partial \omega_K$ with $\partial \Omega$ contains at least one edge. So a Friedrichs inequality shows

$$\|\boldsymbol{\psi}\|_{L^2(\omega_K)} \lesssim h_K \|\nabla \boldsymbol{\psi}\|_{L^2(\omega_K)}$$
.

Together with a triangle inequality this yields (3.6).

Remark 3.1. In case $\partial \omega_K$ does not contain one edge, one can enlarge ω_K to ω_K' so that $\partial \omega_K'$ contains one edge. Then (3.6) holds for ω_K' . The analysis herein is equally valid for this small modification.

In the second case, the vertices of K are interior nodes and so $(v - v_h)|_K$ remains the same if we change v to v - z for an affine function z on ω_K when we change v_h accordingly; the Clément approximation operator locally preserves affine functions. We choose the constant vector $A := \nabla z$ as the integral mean of ψ on ω_K . As a consequence, (2.6)-(2.7) can be recast as

$$h_K^{-1} \|v - v_h\|_{L^2(K)} + h_E^{-1/2} \|v - v_h\|_{L^2(E)} \lesssim \|\nabla v - A\|_{L^2(\omega_K)}$$
.

Hence a Poincare inequality shows

$$\|\boldsymbol{\psi} - A\|_{L^2(\omega_K)} \lesssim h_K \|\nabla \boldsymbol{\psi}\|_{L^2(\omega_K)}$$
.

This concludes the proof of (3.6).

3.7. **Proof of Reliability.** The proof is based on (3.5)-(3.6) of Subsections 3.5-3.6. For any $v \in H_0^1(\Omega)$, let $v_h = \mathcal{J}v$ in (1.3), and $\psi \in H_0^1(\Omega)^2$ as in Subsection 3.6. An integration by parts shows

$$\operatorname{Res}_{1}(v) = \operatorname{Res}_{1}(v - v_{h}) \lesssim \left(\sum_{K \in \mathcal{T}_{h}} h_{K}^{2}(t^{2} + h_{K}^{2}) \|g + \operatorname{div} \boldsymbol{\gamma}_{h}\|_{L^{2}(K)}^{2} \right) + \sum_{E \in \mathcal{E}(\Omega)} h_{E}(t^{2} + h_{E}^{2}) \|[\boldsymbol{\gamma}_{h}] \cdot \nu_{E}\|_{L^{2}(E)}^{2} \right)^{1/2} \|(\boldsymbol{\psi}, v)\|_{1,h}.$$

Let $\psi_h = \mathcal{J}\psi$ with (1.3), then

$$Res_2(\boldsymbol{\psi}) = -a(\boldsymbol{\phi}_h, \boldsymbol{\psi} - \boldsymbol{\psi}_h) + (\boldsymbol{\gamma}_h, \boldsymbol{\psi} - \boldsymbol{\psi}_h) + (\boldsymbol{\gamma}_h, \boldsymbol{\psi}_h - \boldsymbol{R}_h \boldsymbol{\psi}_h).$$

An integration by parts and (2.6)-(2.7) imply

$$\operatorname{Res}_{2}(\boldsymbol{\psi}) \lesssim \left(\sum_{K \in \mathcal{I}_{h}} h_{K}^{2} \|\operatorname{div} \mathcal{C}\varepsilon(\boldsymbol{\phi}_{h}) + \boldsymbol{\gamma}_{h}\|_{L^{2}(K)}^{2} + \sum_{E \in \mathcal{E}(\Omega)} h_{E} \|[\mathcal{C}\varepsilon(\boldsymbol{\phi}_{h})] \cdot \nu_{E}\|_{L^{2}(E)}^{2}\right)^{1/2} \|\boldsymbol{\psi}\|_{H^{1}(\Omega)} + \sup_{\boldsymbol{\psi}_{h} \in (S_{0}^{1}(\mathcal{I}_{h}))^{2} \setminus \{0\}} \frac{(\boldsymbol{\gamma}_{h}, (I - \boldsymbol{R}_{h})\boldsymbol{\psi}_{h})_{L^{2}(\Omega)}}{\|\boldsymbol{\psi}_{h}\|_{H^{1}(\Omega)}} \|\boldsymbol{\psi}\|_{H^{1}(\Omega)}.$$

Remark 3.2. In this paper, we use the norm $\|\|\operatorname{Res}_1\|\|_{-1,h}$ instead of $\|\|\operatorname{Res}_1\|\|_{H^{-1}(\Omega)}$ to get a factor $t^2 + h_E^2$ (Resp. $t^2 + h_K^2$), which is essential for the efficiency of the estimator in the next section.

4. Efficiency of η

This section is devoted to the proof of the efficiency of η_h from Theorem 2.2. The contributions are analyzed separately and even locally.

4.1. Efficiency of $||g + \operatorname{div} \gamma_h||$. We choose

$$w_K = B_K^2(g_h + \operatorname{div} \boldsymbol{\gamma}_h).$$

Here and throughout this section, $g_h = \Pi_h g$, and B_K denotes the standard element bubble function with the following properties [47]:

supp
$$B_K \subset K$$
, $0 \le B_K \le 1$, $\max_{x \in K} B_K = 1$,
$$\int_K B_K \, dx \approx h_K^2, \text{ and } \|\nabla B_K\|_{L^2(K)} \lesssim h_K^{-1} \|B_K\|_{L^2(K)}.$$

An integration by parts shows

$$||g_h + \operatorname{div} \gamma_h||_{L^2(K)}^2 \lesssim \int_K (g_h + \operatorname{div} \gamma_h) w_K \, dx \, dy$$

= $(g_h, w_K)_{L^2(K)} - (\gamma_h, \nabla w_K)_{L^2(K)}$
= $(\gamma - \gamma_h, \nabla w_K)_{L^2(K)} + (g_h - g, w_K)_{L^2(K)}.$

The sum over all elements leads to

$$\begin{split} & \sum_{K \in \mathcal{T}_h} h_K^2 (h_K^2 + t^2) \|g_h + \operatorname{div} \boldsymbol{\gamma}_h\|_{L^2(K)}^2 \\ & \lesssim \sum_{K \in \mathcal{T}_h} t \|\boldsymbol{\gamma} - \boldsymbol{\gamma}_h\|_{L^2(K)} t h_K^2 \|\nabla w_K\|_{L^2(K)} \\ & + \|\boldsymbol{\gamma} - \boldsymbol{\gamma}_h\|_{H^{-1}(\Omega)} \|\sum_{K \in \mathcal{T}_h} h_K^4 \nabla w_K\|_{H^1(\Omega)} \\ & + \sum_{K \in \mathcal{T}_h} (h_k^2 + t^2)^{1/2} h_K \|g_h - g\|_{L^2(K)} \|h_K (h_k^2 + t^2)^{1/2} w_K\|_{L^2(K)} \,. \end{split}$$

An elementwise inverse estimate yields

$$\|\nabla w_K\|_{L^2(K)} + h_K \|\nabla w_K\|_{H^1(K)} \lesssim h_K^{-1} \|g_h + \operatorname{div} \gamma_h\|_{L^2(K)}.$$

This implies

$$\sum_{K \in \mathcal{T}_h} h_K^2 (h_K^2 + t^2) \|g_h + \operatorname{div} \gamma_h\|_{L^2(K)}^2$$

$$(4.1) \qquad \lesssim t^2 \| \boldsymbol{\gamma} - \boldsymbol{\gamma}_h \|_{L^2(\Omega)}^2 + \| \boldsymbol{\gamma} - \boldsymbol{\gamma}_h \|_{H^{-1}(\Omega)}^2 + \sum_{K \in \mathcal{T}_h} (h_k^2 + t^2) h_K^2 \| g_h - g \|_{L^2(K)}^2.$$

4.2. **Efficiency of** $\|\operatorname{div} \mathcal{C}\varepsilon(\boldsymbol{\phi}_h) + \boldsymbol{\gamma}_h\|$. Recall B_K from the previous section, and set

$$\boldsymbol{\beta}_K := B_K(\operatorname{div} \mathcal{C}\varepsilon(\boldsymbol{\phi}_h) + \boldsymbol{\gamma}_h).$$

An integration by parts leads to

$$\|\operatorname{div} \mathcal{C}\varepsilon(\boldsymbol{\phi}_h) + \boldsymbol{\gamma}_h\|_{L^2(K)}^2 \lesssim (\operatorname{div} \mathcal{C}\varepsilon(\boldsymbol{\phi}_h) + \boldsymbol{\gamma}_h, \boldsymbol{\beta}_K)_{L^2(K)}$$

$$= -(\mathcal{C}\varepsilon(\boldsymbol{\phi}_h), \varepsilon(\boldsymbol{\beta}_K))_{L^2(K)} + (\boldsymbol{\gamma}_h, \boldsymbol{\beta}_K)_{L^2(K)}$$

$$= -(\mathcal{C}\varepsilon(\boldsymbol{\phi}_h - \boldsymbol{\phi}), \varepsilon(\boldsymbol{\beta}_K)) + (\boldsymbol{\gamma}_h - \boldsymbol{\gamma}, \boldsymbol{\beta}_K)_{L^2(K)}.$$

The arguments of Subsection 4.1 allow the proof of

$$(4.2) \qquad \sum_{K \in \mathcal{T}_h} h_K^2 \|\operatorname{div} \mathcal{C}\varepsilon(\boldsymbol{\phi}_h) + \boldsymbol{\gamma}_h\|_{L^2(K)}^2 \lesssim \|\boldsymbol{\phi}_h - \boldsymbol{\phi}\|_{H^1(\Omega)}^2 + \|\boldsymbol{\gamma} - \boldsymbol{\gamma}_h\|_{H^{-1}(\Omega)}^2.$$

4.3. Efficiency of $\|[\nu_E \cdot \gamma_h]\|$. Given any interior edge $E = \partial K_+ \cap \partial K_-$, let $b_E \in H_0^2(\omega_E)$ denote the edge bubble function from [47], and set

$$w_E = b_E[\nu_E \cdot \boldsymbol{\gamma}_h].$$

One can prove b_E satisfies the following properties

$$\operatorname{supp} b_E = \overline{\omega_E}, \quad 0 \le b_E \le 1 = \max_{x \in E} b_E,$$

(4.3)
$$\int_{\omega_E} b_E dx \approx h_E^2 \text{ and } \int_E b_E ds \approx h_E,$$

For any $E \in \mathcal{E}(\Omega)$, there holds

$$\begin{aligned} \|[\nu_E \cdot \boldsymbol{\gamma}_h]\|_{L^2(E)}^2 &\lesssim ([\nu_E \cdot \boldsymbol{\gamma}_h], w_E)_{L^2(E)} \\ &= (\operatorname{div} \boldsymbol{\gamma}_h, w_E)_{L^2(\omega_E)} + (\boldsymbol{\gamma}_h, \nabla w_E)_{L^2(\omega_E)} \\ &= (\operatorname{div} \boldsymbol{\gamma}_h + g, w_E)_{L^2(\omega_E)} + (\boldsymbol{\gamma}_h - \boldsymbol{\gamma}, \nabla w_E)_{L^2(\omega_E)}. \end{aligned}$$

The sum over interior edges, the Cauchy inequality plus the shape regularity show

$$\sum_{E \in \mathcal{E}(\Omega)} h_E (h_E^2 + t^2) \| [\nu_E \cdot \gamma_h] \|_{L^2(E)}^2$$

$$\lesssim \sum_{E \in \mathcal{E}(\Omega)} (\operatorname{div} \boldsymbol{\gamma}_h + g, h_E(h_E^2 + t^2) w_E)_{L^2(\omega_E)} + (\boldsymbol{\gamma}_h - \boldsymbol{\gamma}, \nabla h_E(h_E^2 + t^2) w_E)_{L^2(\omega_E)}$$

$$\lesssim \left(\sum_{K\in\mathcal{T}_h} h_K^2(h_K^2 + t^2) \|\operatorname{div} \boldsymbol{\gamma}_h + g\|_{L^2(K)}^2\right)^{1/2} \left(\sum_{E\in\mathcal{E}(\Omega)} (h_E^2 + t^2) \|w_E\|_{L^2(\omega_E)}^2\right)^{1/2}$$

$$+ \| \gamma_h - \gamma \|_{H^{-1}(\Omega)} \| \sum_{E \in \mathcal{E}(\Omega)} h_E^3 \nabla w_E \|_{H^1(\Omega)} + t \| \gamma_h - \gamma \|_{L^2(\Omega)} \| \sum_{E \in \mathcal{E}(\Omega)} t h_E \nabla w_E \|_{L^2(\Omega)}.$$

The elementwise inverse estimate implies

$$\|\nabla w_E\|_{L^2(\omega_E)} + h_E|\nabla w_E|_{H^1(\omega_E)} \lesssim h_E^{-1/2}\|[\nu_E \cdot \boldsymbol{\gamma}_h]\|_{L^2(E)}.$$

Since $\sum_{E \in \mathcal{E}(\Omega)} h_E^3 \nabla w_E \in H_0^1(\Omega)^2$, we use the finite overlapping of the supports of ∇w_E with $E \in \mathcal{E}(\Omega)$ and the above estimate to derive as

$$\| \sum_{E \in \mathcal{E}(\Omega)} h_E^3 \nabla w_E \|_{H^1(\Omega)}^2 \lesssim \sum_{E \in \mathcal{E}(\Omega)} \| h_E^3 \nabla w_E \|_{H^1(\omega_E)}^2 \lesssim \sum_{E \in \mathcal{E}(\Omega)} h_E^3 \| [\nu_E \cdot \gamma_h] \|_{L^2(E)}^2$$

$$\leq \sum_{E \in \mathcal{E}(\Omega)} h_E (t^2 + h_E^2) \| [\nu_E \cdot \gamma_h] \|_{L^2(E)}^2.$$

A similar argument leads to

$$\|\sum_{E\in\mathcal{E}(\Omega)} th_E \nabla w_E\|_{L^2(\Omega)}^2 \lesssim \sum_{E\in\mathcal{E}(\Omega)} h_E(t^2 + h_E^2) \|[\nu_E \cdot \boldsymbol{\gamma}_h]\|_{L^2(E)}^2.$$

A patchwise Poincare's inequality gives

$$\begin{split} \sum_{E \in \mathcal{E}(\Omega)} (h_E^2 + t^2) \| w_E \|_{L^2(\omega_E)}^2 \lesssim \sum_{E \in \mathcal{E}(\Omega)} (h_E^2 + t^2) h_E^2 \| \nabla w_E \|_{L^2(\omega_E)}^2 \\ \lesssim \sum_{E \in \mathcal{E}(\Omega)} h_E (t^2 + h_E^2) \| [\nu_E \cdot \gamma_h] \|_{L^2(E)}^2. \end{split}$$

A summary of these estimates yields

$$\begin{split} & \sum_{E \in \mathcal{E}(\Omega)} h_E(h_E^2 + t^2) \| [\nu_E \cdot \boldsymbol{\gamma}_h] \|_{L^2(E)}^2 \\ & \lesssim t^2 \| \boldsymbol{\gamma} - \boldsymbol{\gamma}_h \|_{L^2(\Omega)}^2 + \| \boldsymbol{\gamma} - \boldsymbol{\gamma}_h \|_{H^{-1}(\Omega)}^2 + \sum_{K \in \mathcal{T}_t} (h_k^2 + t^2) h_K^2 \| g_h - g \|_{L^2(K)}^2 \,. \end{split}$$

Remark 4.1. Note that compared to the usual linear elliptic problem, the edge bubble $b_E \in H^2(\omega_E)$ is of high regularity for the proof of the efficiency of $\|[\nu_E \cdot \gamma_h]\|_{L^2(E)}$.

4.4. Efficiency of $\|[\nu_E \cdot \mathcal{C}\varepsilon(\phi_h)]\|$. For any $E \in \mathcal{E}(\Omega)$, $B_E \in H_0^1(\omega_E)$ denote the usual edge bubble function [47] with

$$\begin{split} & \operatorname{supp} B_E \subset \omega_E, \quad 0 \leq B_E \leq 1, \quad \max_{x \in E} B_E = 1, \\ & \int_{K_\pm} B_E \, dx \approx \int_{\omega_E} B_E \, dx \approx h_E^2, \\ & \int_E B_E \, ds \approx h_E, \text{ and } \|\nabla B_E\|_{L^2(\omega_E)} \lesssim h_E^{-1} \|B_E\|_{L^2(\omega_E)} \,. \end{split}$$

Set

$$\boldsymbol{\beta}_E = B_E[\nu_E \cdot \mathcal{C}\varepsilon(\boldsymbol{\phi}_h)].$$

Standard arguments verify

$$\begin{aligned} \|[\nu_E \cdot \mathcal{C}\varepsilon(\boldsymbol{\phi}_h)]\|_{L^2(E)}^2 &\lesssim ([\nu_E \cdot \mathcal{C}\varepsilon(\boldsymbol{\phi}_h)], \boldsymbol{\beta}_E)_E \\ &= (\operatorname{div} \mathcal{C}\varepsilon(\boldsymbol{\phi}_h) + \boldsymbol{\gamma}_h, \boldsymbol{\beta}_E)_{L^2(\omega_E)} + (\mathcal{C}\varepsilon(\boldsymbol{\phi}_h - \boldsymbol{\phi}), \varepsilon(\boldsymbol{\beta}_E))_{L^2(\omega_E)} \\ &+ (\boldsymbol{\gamma} - \boldsymbol{\gamma}_h, \boldsymbol{\beta}_E)_{L^2(\omega_E)}. \end{aligned}$$

This, (4.2), and an elementwise inverse estimate yield

$$\sum_{E \in \mathcal{E}(\Omega)} h_E \| [\nu_E \cdot \mathcal{C}\varepsilon(\boldsymbol{\phi}_h)] \|_{L^2(E)}^2 \lesssim \|\boldsymbol{\gamma}_h - \boldsymbol{\gamma}\|_{H^{-1}(\Omega)}^2 + \|\boldsymbol{\phi} - \boldsymbol{\phi}_h\|_{H^1(\Omega)}^2.$$

4.5. Efficieny of $\|\phi_h - R_h \phi_h\|$ and $\mu_h(\gamma_h)$. By the definitions of γ , and γ_h , $\phi_h - R_h \phi_h = -\lambda^{-1} t^2 (\gamma - \gamma_h) - (\phi - \phi_h) + \nabla(\omega - \omega_h)$.

Therefore,

$$\|\boldsymbol{\phi}_h - \boldsymbol{R}_h \boldsymbol{\phi}_h\|_{H(\mathrm{rot},\Omega)} \lesssim \|\nabla(\omega - \omega_h)\|_{L^2(\Omega)} + \|\boldsymbol{\phi} - \boldsymbol{\phi}_h\|_{H^1(\Omega)} + t^2 \|\operatorname{rot}(\boldsymbol{\gamma} - \boldsymbol{\gamma}_h)\|_{L^2(\Omega)}.$$

We remain to estimate the last term. For any $\psi_h \in (S_0^1(\mathcal{T}_h))^2$, there holds

$$(\boldsymbol{\gamma}_h, (I - \boldsymbol{R}_h)\boldsymbol{\psi}_h) = (\boldsymbol{\gamma}_h, \boldsymbol{\psi}_h) - (\boldsymbol{\gamma}_h, \boldsymbol{R}_h\boldsymbol{\psi}_h)$$

$$= (\boldsymbol{\gamma}_h - \boldsymbol{\gamma}, \boldsymbol{\psi}_h) + a(\boldsymbol{\phi}_h - \boldsymbol{\phi}, \boldsymbol{\psi}_h)$$

$$\lesssim (\|\boldsymbol{\gamma} - \boldsymbol{\gamma}_h\|_{H^{-1}(\Omega)} + \|\boldsymbol{\phi} - \boldsymbol{\phi}_h\|_{H^1(\Omega)}) \|\boldsymbol{\psi}_h\|_{H^1(\Omega)}.$$

Consequently,

$$\sup_{\boldsymbol{\psi}_h \in (S_0^1(\mathcal{T}_h))^2 \setminus \{0\}} \frac{(\boldsymbol{\gamma}_h, (I - \boldsymbol{R}_h) \boldsymbol{\psi}_h)_{L^2(\Omega)}}{\|\boldsymbol{\psi}_h\|_{H^1(\Omega)}} \lesssim \|\boldsymbol{\gamma} - \boldsymbol{\gamma}_h\|_{H^{-1}(\Omega)} + \|\boldsymbol{\phi} - \boldsymbol{\phi}_h\|_{H^1(\Omega)}. \qquad \Box$$

5. Examples

This section presents a list of examples from Table 1 which allows the computable upper bound for $\mu_h(\gamma_h)$, namely

(5.1)
$$\mu_h(\boldsymbol{\gamma}_h)^2 \lesssim \sum_{E \in \mathcal{E}(\Omega)} h_E(h_E^2 + t^2) \| [\boldsymbol{\gamma}_h] \cdot \nu_E \|_{L^2(E)}^2 + \sum_{K \in \mathcal{T}_h} h_K^2(h_K^2 + t^2) \| \operatorname{div} \boldsymbol{\gamma}_h + g \|_{L^2(K)}^2 + \text{h.o.t.}$$

up to some computable high order terms h.o.t. The previous section shows its efficiency.

- Remark 5.1. The list of Table 1 is not comprehensive. In fact, we conjecture that all known conforming MITC elements could be analyzed in the present framework. (Only the triangular DL element has been considered with a different a posteriori error estimator in [36], cf. Remark 5.2). The present theory leads to a new reliable and efficient error control for all elements. Because the MITC procedure is used the condition (H) is satisfied in all of those examples.
- **Remark 5.2.** Compared to the a posterior error estimator of [36] for the DL element, the estimator η_h here is different in two points. First the shear force norm is different; second the estimator for the shear force is different.
- 5.1. Conforming elements without reduction integration. The first example is the conforming (triangle or quadrilateral) element without reduction. Since $\mathbf{R}_h = I$, $\mu_h(\boldsymbol{\gamma}_h) = 0$.
- 5.2. **Triangle MITC elements.** This subsection discusses triangle MITC elements from literature.
- 5.2.1. The MITC3 element. For a triangulation into trianglar elements, let

$$W_h := \{v \in H_0^1(\Omega) : v|_K \in Q_1(K), K \in \mathcal{T}_h\},$$

$$\Theta_h := \{\boldsymbol{\beta} \in H_0^1(\Omega)^2 : \boldsymbol{\beta}|_K \in (Q_1(K))^2, K \in \mathcal{T}_h\},$$

$$\Gamma_h := \{\boldsymbol{\sigma} \in H_0(\operatorname{rot}, \Omega) : \boldsymbol{\sigma}|_K \in (Q_0(K))^2 \oplus Q_0(K)(y, -x)^T, K \in \mathcal{T}_h\}$$

and define the reduction operator \mathbf{R}_h by

$$\int_{E} (\mathbf{R}_{h} \boldsymbol{\sigma} - \boldsymbol{\sigma}) \cdot \boldsymbol{\tau}_{E} ds = 0 \text{ for every edge } E \text{ of } K.$$

This FEM is unstable and is not encouraged in practise. However, there holds (H), and η_h is a reliable and efficient a posteriori error estimator. With this choice, there exists $\psi \in H_0^1(\Omega)$ with $\psi|_K \in Q_2(K)$ and

$$\nabla \psi = \boldsymbol{\beta} - \boldsymbol{R}_h \boldsymbol{\beta}$$
 for any $\boldsymbol{\beta} \in \boldsymbol{\Theta}_h$.

It is proved in [26, 38] that ψ vanishes at all nodes. Consequently,

(5.2)
$$\|\psi\|_{L^2(\partial K)} \lesssim h_K^{1/2} \|\nabla \psi\|_{L^2(K)}.$$

Since div $\gamma_h = 0$, an integration by parts with (5.2) gives

$$\begin{split} (\boldsymbol{\gamma}_{h}, \boldsymbol{\beta} - \boldsymbol{R}_{h} \boldsymbol{\beta})_{L^{2}(\Omega)} &\lesssim \sum_{E \in \mathcal{E}(\Omega)} h_{E}^{1/2} \| [\boldsymbol{\gamma}_{h} \cdot \nu_{E}] \|_{L^{2}(E)}^{2} \| \boldsymbol{\beta} - \boldsymbol{R}_{h} \boldsymbol{\beta} \|_{L^{2}(K)} \\ &\lesssim (\sum_{E \in \mathcal{E}(\Omega)} h_{E}^{3} \| [\boldsymbol{\gamma}_{h} \cdot \nu_{E}] \|_{L^{2}(E)}^{2})^{1/2} \| \boldsymbol{\beta} \|_{H^{1}(\Omega)} \\ &\lesssim (\sum_{E \in \mathcal{E}(\Omega)} h_{E} (h_{E}^{2} + t^{2}) \| [\boldsymbol{\gamma}_{h} \cdot \nu_{E}] \|_{L^{2}(E)}^{2})^{1/2} \| \boldsymbol{\beta} \|_{H^{1}(\Omega)} \text{ for any } \boldsymbol{\beta} \in (S_{0}^{1}(\mathcal{T}_{h}))^{2} \,. \end{split}$$

This proves (5.1). In the second inequality we use the following approximation for the operator \mathbf{R}_h ,

$$\|(I - \mathbf{R}_h)\boldsymbol{\beta}\|_{L^2(K)} \lesssim h_K \|\boldsymbol{\beta}\|_{H^1(K)}$$
 for any $\boldsymbol{\beta} \in H^1(K)^2$.

5.2.2. The Durán and Liberman element. This modification of the MITC3 FEM adopts all notations W_h , Γ_h , R_h from the previous subsection, therefore there holds (5.1). The rotation space reads

$$\mathbf{\Theta}_h := (S_0^1(\mathcal{T}_h))^2 \oplus B_h$$
.

Therein, the edge bubble function space B_h is defined as following. Given an element $K \in \mathcal{T}_h$, its barycentric coordinates and unit tangential vectors are denoted by $\{\lambda_i\}_{i=1}^3$ and $\{\boldsymbol{\tau}_i\}_{i=1}^3$, respectively. Define

$$\psi_1 := \lambda_2 \lambda_3 \tau_1, \psi_2 := \lambda_3 \lambda_1 \tau_2, \psi_3 := \lambda_1 \lambda_2 \tau_3.$$

$$B_h := \{ \boldsymbol{\beta} \in H_0^1(\Omega)^2 : \boldsymbol{\beta}|_K \in \operatorname{span}\{\psi_1, \psi_2, \psi_3\}, K \in \mathcal{T}_h \}.$$

The Durán and Liberman FEM is a locking free element for the Reisner-Mindlin plate problem with robust a priori error estimate established in [26].

Since the proof of Subsection 5.2.1 also covers this case, there holds (5.1) for this DL element.

5.2.3. High order triangle MITC elements. This subsection presents three families of high order triangle MITC elements. These elements are proposed and analyzed in [18]. The lowest element among them is the usual MITC7 element appeared in [11].

Family I. We define for $k \geq 2$

$$W_h := \{ v \in H_0^1(\Omega) : v |_K \in Q_k(K), K \in \mathcal{T}_h \}.$$

$$\Theta_h := \{ \boldsymbol{\beta} \in H_0^1(\Omega)^2 : \boldsymbol{\beta} |_K \in \boldsymbol{\Theta}_k(K), K \in \mathcal{T}_h \},$$

where

$$\mathbf{\Theta}_k(K) := \begin{cases} (Q_k(K))^2 & \text{for } k \ge 4, \\ (S_k(K))^2 & \text{for } k = 2, 3, \end{cases}$$

and

$$S_k(K) := \{ w \in Q_{k+1}(K) : w|_E \in Q_k(E) \text{ for evey edge } E \text{ of } K \}.$$

For the shear force space Γ_h we take the rotated Raviart-Thomas space

$$\Gamma_h := \{ \boldsymbol{\sigma} \in H_0(\operatorname{rot}, \Omega) : \boldsymbol{\sigma} \in (Q_{k-1}(K))^2 \oplus Q_{k-1}(K)(y, -x)^T, K \in \mathcal{T}_h \},$$

with the reduction operator R_h defined through

$$\int_{E} (\mathbf{R}_{h}\boldsymbol{\sigma} - \boldsymbol{\sigma}) \cdot \boldsymbol{\tau}_{E} v \, ds = 0, v \in Q_{k-1}(E) \text{ for every edge } E \text{ of every } K \in \mathcal{T}_{h},$$

$$\int_K (\mathbf{R}_h \boldsymbol{\sigma} - \boldsymbol{\sigma}) \cdot \boldsymbol{\beta} \, dx dy = 0 \text{ for every } \boldsymbol{\beta} \in (Q_{k-2}(K))^2.$$

Family II. Let S_k be as in Family I, and define

$$W_h := \{ v \in H_0^1(\Omega) : v|_K \in S_k(K), K \in \mathcal{T}_h \}.$$

We choose the BDFM space

$$\Gamma_h := \{ \boldsymbol{\sigma} \in H_0(\mathrm{rot}, \Omega) : \boldsymbol{\sigma}|_K \in (Q_k(K))^2, \boldsymbol{\sigma} \cdot \boldsymbol{\tau}_E \in Q_{k-1}(E) \text{ for every edge } E \text{ of } K \in \mathcal{T}_h \}$$

as the shear force space Γ_h with the reduction operator defined as

$$\int_{E} (\mathbf{R}_{h}\boldsymbol{\sigma} - \boldsymbol{\sigma}) \cdot \boldsymbol{\tau}_{E} v \, ds = 0, v \in Q_{k-1}(E) \text{ for every edge } E \text{ of } K,$$

$$\int_{K} (\mathbf{R}_{h}\boldsymbol{\sigma} - \boldsymbol{\sigma}) \cdot \boldsymbol{\beta} \, dx = 0 \text{ for every } \boldsymbol{\beta} \in (Q_{k-2}(K))^{2},$$

$$\int_{K} (\mathbf{R}_{h}\boldsymbol{\sigma} - \boldsymbol{\sigma}) \cdot \nabla \psi_{j} \, dx = 0 \text{ for every } j = 0, \dots, k-2,$$

where $\psi_0, \dots, \psi_{k-2}$ are arbitrary polynomials in $Q_k(K)$, chosen once and for all, with $\nabla \psi_j = x^j y^{k-j-2}, j = 0, \dots, k-2$. The rotation space is the same as in Family I.

Family III. In this case let

$$W_h := \{ v \in H_0^1(\Omega) : v|_K \in Q_{k+1}(K), K \in \mathcal{T}_h \}$$

and use the BDM space

$$\Gamma_h := \{ \boldsymbol{\sigma} \in H_0(\operatorname{rot}, \Omega) : \boldsymbol{\sigma}|_K \in (Q_k(K))^2, K \in \mathcal{T}_h \}.$$

The reduction operator \mathbf{R}_h is defined through

$$\int_{E} (\mathbf{R}_{h}\boldsymbol{\sigma} - \boldsymbol{\sigma}) \cdot \boldsymbol{\tau}_{E} v \, ds = 0, v \in Q_{k}(E) \text{ for every edge } E \text{ of } K,$$

$$\int_{K} (\mathbf{R}_{h}\boldsymbol{\sigma} - \boldsymbol{\sigma}) \cdot \boldsymbol{\beta} \, dx dy = 0 \text{ for every } \boldsymbol{\beta} \in (Q_{k-2}(K))^{2},$$

$$\int_{K} (\mathbf{R}_{h}\boldsymbol{\sigma} - \boldsymbol{\sigma}) \cdot \nabla \psi_{j} \, dx dy = 0 \text{ for every } j = 0, \dots, k-2,$$

with ψ_j and the rotation space Θ_h from Family II. Since $(S_0^1(\mathcal{T}_h))^2 \subset \Gamma_h$ when $k \geq 2$, it holds for all of those element that

$$\mu_h(\boldsymbol{\gamma}_h) = 0$$
.

- 5.3. Quadrilateral MITC elements. This subsection discusses quadrilateral MITC elements.
- 5.3.1. The rectangular MITC4 element. In this case, we restrict ourselves to the rectangular mesh, and define

$$W_h := \{ v \in H_0^1(\Omega) : v|_K \in Q_1(K), K \in \mathcal{T}_h \},$$

$$\Theta_h := \{ \boldsymbol{\beta} \in H_0^1(\Omega)^2 : \boldsymbol{\beta}|_K \in (Q_1(K))^2, K \in \mathcal{T}_h \},$$

$$\Gamma_h := \{ \boldsymbol{\sigma} \in H_0(\operatorname{rot}, \Omega) : \boldsymbol{\sigma}|_K \in (Q_0(K))^2 \oplus Q_0(K)(y, 0)^T \oplus Q_0(K)(0, x)^T, K \in \mathcal{T}_h \},$$

with the reduction operator \mathbf{R}_h defined as, for any $K \in \mathcal{T}_h$,

$$\int_{E} (\mathbf{R}_{h} \boldsymbol{\sigma} - \boldsymbol{\sigma}) \cdot \boldsymbol{\tau}_{E} ds = 0 \text{ for every edge } E \text{ of } K.$$

This element is locking free under the condition that the mesh \mathcal{T}_h is obtained from a coarser mesh \mathcal{T}_{2h} through bisectioning [27, 29]. It is well-known that

$$(\boldsymbol{\sigma}_h, \boldsymbol{R}_h \boldsymbol{\psi}_h - \boldsymbol{\psi}_h)_{L^2(\Omega)} = 0$$
 for any $\boldsymbol{\sigma}_h \in \Gamma_h$ and $\boldsymbol{\psi}_h \in (S_0^1(\mathcal{T}_h))^2$.

Therefore

$$\mu_h(\boldsymbol{\gamma}_h) = 0.$$

5.3.2. The rectangular DHHLR element. This is a modification of the MITC4 element with

$$\mathbf{\Theta}_h := (S_0^1(\mathcal{T}_h))^2 \oplus B_h.$$

The edge bubble function space B_h is defined as following. For each edge \hat{E}_i of \hat{K} , i = 1, 2, 3, 4, let $\hat{\psi}_i$ denote the cubic functions vanishing on \hat{E}_j when $j \neq i$. Then we define $\psi_i = \hat{\psi}_i \circ F_K^{-1} \tau_{E_i}$ and set

$$B_h := \{ \boldsymbol{\beta} \in H_0^1(\Omega)^2 : \boldsymbol{\beta}|_K \in \operatorname{span}\{\boldsymbol{\psi}_1, \boldsymbol{\psi}_2, \boldsymbol{\psi}_3, \boldsymbol{\psi}_4\}, K \in \mathcal{T}_h \}.$$

With the displacement space W_h , the shear force space Γ_h and the reduction operator \mathbf{R}_h from the MITC4 element, this is a locking free element for the Reisner-Mindlin plate problem. Robust a priori error estimate was obtained in [27]. Also, It holds (5.3).

Remark 5.3. Another variant for the MITC4 element is the Hu element [29]. Instead of the rotated Raviart-Thomas element, the quadrilateral ABF element from [6] is employed to approximate the shear force in this element and four interior bubble functions yield stability. Compared to other lowest quadrialteral elements, the convergence of this method is independent of the mesh disstortion parameter α ; c.f. [29] for further details. For this element, one can also prove $\mu_h(\gamma_h) = 0$.

5.3.3. High order quadrilateral MITC elements. We first introduce some notations. The distance between the midpoints of two diagonals of K is denoted by d_K and \mathcal{T}_h is supposed to satisfy the $(1+\alpha)$ -Section Condition [39], i.e., d_K is of order $\mathcal{O}(h_K^{1+\alpha})$ uniformly for all elements K as h tends to zero for $0 \le \alpha \le 1$; the 2-Section Condition is also called Bi-Section Condition [42].

Given any quadrilateral $K \in \mathcal{T}_h$ with four nodes $p_j(x_j, y_j), j = 1, \dots, 4$ numbered counterclockwise, let $\hat{p}_j(\xi_j, \eta_j), j = 1, \dots, 4$ be the nodes of \hat{K} . Then the bilinear transformation F_K takes the form

$$x = \sum_{j=1}^{4} x_j N_j(\xi, \eta), \quad y = \sum_{j=1}^{4} y_j N_j(\xi, \eta), \quad (\xi, \eta) \in \hat{K},$$

with the bilinear basis functions $N_i(\xi, \eta)$ defined by

$$N_1(\xi,\eta) = \frac{1}{4}(1-\xi)(1-\eta), \quad N_2(\xi,\eta) = \frac{1}{4}(1+\xi)(1-\eta),$$

$$N_3(\xi,\eta) = \frac{1}{4}(1+\xi)(1+\eta), \quad N_4(\xi,\eta) = \frac{1}{4}(1-\xi)(1+\eta).$$

Define some coefficients c_0 , c_1 , c_2 , c_{12} , d_0 , d_1 , d_2 , d_{12} through

Then the Jacobian matrix of F_K reads

$$DF_K = \begin{pmatrix} \partial x/\partial \xi & \partial x/\partial \eta \\ \partial y/\partial \xi & \partial y/\partial \eta \end{pmatrix} = \begin{pmatrix} c_1 + c_{12}\eta & c_2 + c_{12}\xi \\ d_1 + d_{12}\eta & d_2 + d_{12}\xi \end{pmatrix}$$

with the determinant $J_K(\xi,\eta) = J_0 + J_1 \xi + J_2 \eta$ and its inverse

$$DF_K^{-1} = \begin{pmatrix} \partial \xi / \partial x & \partial \xi / \partial y \\ \partial \eta / \partial x & \partial \eta / \partial y \end{pmatrix} = \frac{1}{J_K(\xi, \eta)} \begin{pmatrix} d_2 + d_{12}\xi & -c_2 - c_{12}\xi \\ -d_1 - d_{12}\eta & c_1 + c_{12}\eta \end{pmatrix}.$$

Here and throughout this paper $J_0 = c_1d_2 - c_2d_1$, $J_1 = c_1d_{12} - c_{12}d_1$, and $J_2 = c_{12}d_2 - c_2d_{12}$. In terms of the aforementioned mesh parameters, $d_K = \mathcal{O}(h_K^{1+\alpha})$ implies

$$|\hat{\nabla} J_K| + h_K^{-1} |J_1| + h_K^{-1} |J_2| + |c_{12}| + |d_{12}| \lesssim h_K^{1+\alpha}.$$

For $S \subset \mathbb{R}^2$, we let $P_k(S)$ denote the set of polynomials of total degree $\leq k$, and $Q_k'(S)$ denote the "trunk" or "serendipity" space of polynomials. The spaces W_h and Θ_h are defined as

$$W_h := \{ v \in H_0^1(\Omega) : v \mid_K = \hat{v} \circ F_K^{-1}, \hat{v} \in W_k(\hat{K}), K \in \mathcal{T}_h \},$$

$$\mathbf{\Theta}_h := \{ \boldsymbol{\beta} \in (H_0^1(\Omega))^2 : \boldsymbol{\beta} \mid_K = \hat{\boldsymbol{\beta}} \circ F_K^{-1}, \hat{\boldsymbol{\beta}} \in \mathbf{\Theta}_k(\hat{K}), K \in \mathcal{T}_h \},$$

where $W_k(\hat{K})$ and $\Theta_k(\hat{K})$, which will be specified in the sequel, are polynomial spaces on the reference element \hat{K} . The space Γ_h is defined differently by

$$\Gamma_h := \{ \boldsymbol{\sigma} \in H_0(\operatorname{rot}, \Omega) : \boldsymbol{\sigma} \mid_K \in \Gamma_k(K), K \in \mathcal{T}_h \}$$

for the space $\Gamma_k(K)$ defined from the space $\Gamma_k(\hat{K})$ on the reference square through the following *Piola transformation* for the operator rot,

$$\Gamma_k(K) := \{ \boldsymbol{\sigma} : \boldsymbol{\sigma} = DF_K^{-T} \bar{\boldsymbol{\sigma}} \circ F_K^{-1}, \bar{\boldsymbol{\sigma}} \in \Gamma_k(\hat{K}) \}.$$

The reduction operator \mathbf{R}_h is also defined locally on each element from the reduction operator $\widehat{\mathbf{R}}_{\widehat{K}}$ defined on the reference element with the same transformation:

$$\mathbf{R}_h \boldsymbol{\sigma} \mid_K = DF_K^{-T} \widehat{\mathbf{R}}_{\hat{K}} \bar{\boldsymbol{\sigma}} \circ F_K^{-1}, \text{ with } \bar{\boldsymbol{\sigma}} = DF_K^T \hat{\boldsymbol{\sigma}} = DF_K^T \boldsymbol{\sigma} \circ F_K.$$

We consider four families of quadrilateral MITC elements for the Reissner-Mindlin plate problem. The rectangular version of these elements are proposed and analyzed in [43]. We refer to [29, 30] for the a priori error analysis of the general case. Family I. In this family, the displacement and the rotation spaces read, respectively,

$$W_k(\hat{K}) := Q_{\hat{K}} \cap P_{k+1}(\hat{K})$$
.

$$\Theta_k(\hat{K}) := [Q_k(\hat{K}) \cap P_{k+2}(\hat{K})]^2$$
.

For Γ_h , we choose $\Gamma_k(\hat{K})$ as the following BDFM space [17]

$$\mathbf{\Gamma}_k(\hat{K}) := \{ \bar{\boldsymbol{\sigma}} \mid \bar{\boldsymbol{\sigma}} \in [P_k(\hat{K}) \setminus \{\hat{x}^k\} \times P_k(\hat{K}) \setminus \{\hat{y}^k] \} \}.$$

The reduction operator $\widehat{R}_{\hat{K}}$ is defined by

$$\int_{\hat{E}} [(\widehat{R}_{\hat{K}}\bar{\sigma} - \bar{\sigma}) \cdot \hat{\tau}] \hat{w} d\hat{s} = 0 \quad \text{for all } \hat{w} \in P_{k-1}(\hat{E}) \quad \text{and for every edge } \hat{E} \text{ of } \hat{K},$$

$$\int_{\hat{K}} (\widehat{\boldsymbol{R}}_{\hat{K}} \bar{\boldsymbol{\sigma}} - \bar{\boldsymbol{\sigma}}) \cdot \hat{\boldsymbol{v}} \, d\hat{x} d\hat{y} = 0, \quad \forall \hat{\boldsymbol{v}} \in [P_{k-2}(\hat{K})]^2.$$

Theorem 5.4. With $\alpha = 1$, there holds

(5.6)
$$\mu_h(\gamma_h)^2 \lesssim \sum_{K \in \mathcal{T}_h} h_K^2 (h_K^2 + t^2) \|\operatorname{div} \gamma_h + g\|_{L^2(K)}^2 + \sum_{K \in \mathcal{T}_h} h_K^{2(k+1)} \|g\|_{L^2(K)}^2,$$

Remark 5.5. Since the a priori convergence rate is of order k in the energy norm, the second term on the right-hand side of (5.6) is always a high order term provided that $q \in L^2(\Omega)$.

Proof. For $k \geq 3$, we have

$$DF_K^T \hat{\boldsymbol{\beta}} \in \boldsymbol{\Gamma}_k(\hat{K}) \text{ for every } \hat{\boldsymbol{\beta}} \in (Q_1(\hat{K}))^2$$
,

which implies

$$\mu_h(\boldsymbol{\gamma}_h) = 0$$
.

It remains to prove (5.6) for the case k=2. By the definitions of γ_h , and R_h ,

$$|\mathbf{R}_h \boldsymbol{\beta} - \boldsymbol{\beta}|_K = M^{-1} (\widehat{\mathbf{R}}_{\hat{K}} M \widehat{\boldsymbol{\beta}} - M \widehat{\boldsymbol{\beta}})|_K$$

with $M = DF_K^T$ and $\widehat{\boldsymbol{\beta}} = (a_0, b_0)^T + (a_1, b_1)\hat{x} + (a_2, b_2)^T\hat{y} + (a_3, b_3)^T\hat{x}\hat{y}$. The definitions of $\Gamma_k(\hat{K})$ with k = 2 and DF_K^T lead to

$$\hat{R}_{\hat{K}}M\hat{\beta} - M\hat{\beta} = (a_3c_{12} + b_3d_{12})(\hat{x} - \hat{x}\hat{y}^2, \hat{y} - \hat{x}^2\hat{y})^T$$

with c_{12} and d_{12} from (5.4). Define

$$\widehat{\psi} = \frac{a_3 c_{12} + b_3 d_{12}}{2} (-1 + \widehat{x}^2 + \widehat{y}^2 - \widehat{x}^2 \widehat{y}^2).$$

Then there holds

$$\widehat{\nabla}\widehat{\psi} = \widehat{R}_{\hat{K}} M \widehat{\beta} - M \widehat{\beta}.$$

It follows from the mesh parameter estimate (5.5) that

(5.7)
$$\|\widehat{\nabla}\widehat{\psi}\|_{L^{2}(\hat{K})} \lesssim h_{K}^{1+\alpha} \|\widehat{\nabla}\widehat{\boldsymbol{\beta}}\|_{L^{2}(\hat{K})}.$$

Let ψ_K be defined through the following relation

$$\psi_K := \widehat{\psi} \circ F_K^{-1} \, .$$

Note that $\psi_K \in H_0^1(K)$ and $\nabla \psi = M^{-1} \widehat{\nabla} \widehat{\psi}$. With $\psi = \sum_{K \in \mathcal{T}_h} \psi_K \in H_0^1(\Omega)$, The

Poincare inequality and (5.7) elementwise, one proves

$$(\boldsymbol{\gamma}_{h}, \boldsymbol{R}_{h}\boldsymbol{\beta} - \boldsymbol{\beta})_{L^{2}(\Omega)} = \sum_{K \in \mathcal{T}_{h}} (\boldsymbol{\gamma}_{h}, M^{-1}(\widehat{\boldsymbol{R}}_{\hat{K}}M\widehat{\boldsymbol{\beta}} - M\widehat{\boldsymbol{\beta}}))_{L^{2}(K)}$$

$$= (\boldsymbol{\gamma}_{h}, \nabla \psi)_{L^{2}(\Omega)} = \sum_{K \in \mathcal{T}_{h}} (\operatorname{div} \boldsymbol{\gamma}_{h} + g, \psi_{K})_{L^{2}(K)} - \sum_{K \in \mathcal{T}_{h}} (g, \psi_{K})_{L^{2}(K)}$$

$$\lesssim \sum_{K \in \mathcal{T}_{h}} h_{K} \| \operatorname{div} \boldsymbol{\gamma}_{h} + g \|_{L^{2}(K)} \| \nabla \psi_{K} \|_{L^{2}(K)} + h_{K} \| g \|_{L^{2}(K)} \| \boldsymbol{\nabla} \psi_{K} \|_{L^{2}(K)}$$

$$\lesssim \sum_{K \in \mathcal{T}_{h}} h_{K}^{2+\alpha} \| \operatorname{div} \boldsymbol{\gamma}_{h} + g \|_{L^{2}(K)} \| \boldsymbol{\beta} \|_{H^{1}(K)} + h_{K}^{2+\alpha} \| g \|_{L^{2}(K)} \| \boldsymbol{\beta} \|_{H^{1}(K)} .$$

This implies

$$\mu_h(\boldsymbol{\gamma}_h) \lesssim \left(\sum_{K \in \mathcal{T}_h} h_K^2 (h_K^2 + t^2) \| \operatorname{div} \boldsymbol{\gamma}_h + g \|_{L^2(K)}^2 \right)^{1/2} + \left(\sum_{K \in \mathcal{T}_h} h_K^6 \|g\|_{L^2(K)}^2 \right)^{1/2}. \quad \Box$$

Family II. In this method, W_h , and Γ_h are the same as in Family I. with the different choice of the rotation space, which reads as

$$\mathbf{\Theta}_k(\hat{K}) = [Q_k(\hat{K})]^2.$$

For these elements, the estimate (5.6) holds equally.

Family III. The spaces for the rotation are chosen as in Family I. However, we take the following BDM space [17]

$$\Gamma_k(\hat{K}) = \{ \bar{\boldsymbol{\sigma}} \mid \bar{\boldsymbol{\sigma}} \in [P_k(\hat{K})]^2 \oplus \widehat{\nabla}(\hat{x}\hat{y}^{k+1}) \oplus \widehat{\nabla}(\hat{x}^{k+1}\hat{y}) \},$$

as the shear force space with the reduction operator defined by

$$\int_{\hat{E}} [(\widehat{R}_{\hat{K}}\bar{\boldsymbol{\sigma}} - \bar{\boldsymbol{\sigma}}) \cdot \hat{\boldsymbol{\tau}}] \hat{w} d\hat{s} = 0, \quad \forall \hat{w} \in P_k(\hat{E}) \text{ for every edge } \hat{E} \text{ of } \hat{K},$$

$$\int_{\hat{K}} (\widehat{\boldsymbol{R}}_{\hat{K}} \bar{\boldsymbol{\sigma}} - \bar{\boldsymbol{\sigma}}) \cdot \hat{\boldsymbol{v}} d\hat{x} d\hat{y} = 0, \quad \forall \hat{\boldsymbol{v}} \in [P_{k-2}(\hat{K})]^2.$$

Therefore, the deflection space has to be selected as

$$W_k(\hat{K}) = Q'_{k+1}(\hat{K}).$$

Theorem 5.6. With $\alpha = 1$, there holds that

(5.8)
$$\mu_h(\boldsymbol{\gamma}_h)^2 \lesssim \sum_{K \in \mathcal{T}_t} h_K^2 (h_K^2 + t^2) \|\operatorname{div} \boldsymbol{\gamma}_h + g\|_{L^2(K)}^2 + \sum_{K \in \mathcal{T}_t} h_K^{2(k+1)} \|g\|_{L^2(K)}^2 .$$

Proof. Arguing in the same way as for (5.6) shows the asserted result; the details are omitted.

Family IV. The rotation space reads

$$\mathbf{\Theta}_k(\hat{K}) = \{ \boldsymbol{\psi} \in [Q_{k+1}(\hat{K})]^2 \mid \boldsymbol{\psi} \mid_{\hat{E}} \in [P_k(\hat{K})]^2 \text{ for every edge} \hat{E} \text{ of } \hat{K} \}.$$

The corresponding space for the shear is the following rotated Raviart-Thomas space over quadrilaterals,

$$\Gamma_k(\hat{K}) = \{ \bar{\sigma} \mid \bar{\sigma} \in Q_{k-1,k}(\hat{K}) \times Q_{k,k-1}(\hat{K}) \},$$

with the reduction operator defined by

$$\int_{\hat{E}} [(\widehat{\boldsymbol{R}}_{\hat{K}} \bar{\boldsymbol{\sigma}} - \bar{\boldsymbol{\sigma}}) \cdot \hat{\boldsymbol{\tau}}] \hat{w} d\hat{s} = 0, \quad \forall \hat{w} \in P_{k-1}(\hat{E}) \text{ for every edge } \hat{E} \text{ of } \hat{K},$$

$$\int_{\hat{K}} (\widehat{\boldsymbol{R}}_{\hat{K}} \bar{\boldsymbol{\sigma}} - \bar{\boldsymbol{\sigma}}) \cdot \hat{\boldsymbol{v}} d\hat{x} d\hat{y} = 0, \quad \forall \hat{\boldsymbol{v}} \in Q_{k-1,k-2}(\hat{K}) \times Q_{k-2,k-1}(\hat{K}).$$

The space for the deflection is selected as

$$W_k(\hat{K}) = Q_k(\hat{K}).$$

Since

$$DF_K^T \hat{\boldsymbol{\beta}} \in \boldsymbol{\Gamma}_k(\hat{K}) \text{ for every } \hat{\boldsymbol{\beta}} \in (Q_1(\hat{K}))^2$$

for $k \geq 2$, there holds $\mu_h(\gamma_h) = 0$.

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